



## INTENSIVE THERAPEUTIC FOSTER CARE

### Therapeutic Home Based Care (THBC) Information Sheet

Therapeutic Home Based Care (THBC) is a specialised foster care service designed for high-needs children aged 12 years and over. These children may have disabilities, high medical needs, require specialised behaviour support, or exhibit complex behaviours. THBC carers provide a stable, safe, and nurturing environment, working closely with a dedicated team to support the child's healing and growth.

THBC offers a less intensive placement option where young people are cared for by permanent, authorised foster carers. These carers provide 24-hour care, seven days a week in their own homes. The placement includes regular case plan goals and supports to ensure the young person's needs are being met.

#### Carer Requirements:

- THBC carers need a minimum qualification or be working towards a qualification in a related field such as psychology, community services, youth services, education, or health.
- Carers are required to provide 1:1 care to a young person.
- At least one carer should be at home full-time.
- Carers can be single or in a relationship.
- Experience in supporting young people with complex behaviours is preferred.
- Carers should have no other children living at home.
- Carers can come from any religious, ethnic, or linguistic background and can be of any age.

THBC carers receive ongoing professional development through training sessions, mentoring, and guidance from Therapeutic Specialists. Regular respite care is available to ensure carers can recharge. A generous financial allowance is provided, reflecting the higher needs of the children.

#### For more information please contact us:

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